

# Spa Days

**SILVER SPA DAY** - 25 minutes worth of treatments, Full use of the leisure facilities, Robes provided, Towels provided and hot drink on arrival.

Mon-Thurs - £45.00 pp  
Fri-Sun - £50.00 pp

**GOLD SPA DAY** – 55 minutes worth of treatments, Full use of the leisure facilities, Robes provided, Towels provided and one refreshment drink on arrival (tea or coffee)

Mon-Thurs - £60.00 pp  
Fri-Sun - £70.00 pp

**PLATINUM SPA DAY** - 55 minutes worth of treatments, Full use of the leisure facilities, Robes provided, Towels provided unlimited tea and coffee in the leisure club and a Light lunch.

Mon-Thurs - £70.00 pp  
Fri-Sun - £80.00 pp

**JUST FOR MEN** – Gents manicure, refresh and replenish facial, back massage, Full use of the leisure facilities, Robes provided, Towels provided, a two course lunch and a refreshment of your choice.

Mon-Thurs - £65.00 pp  
Fri-Sun - £75.00 pp

**GIFT VOUCHERS AVAILABLE FOR ALL TREATMENTS WHICH ARE VALID FOR 6 MONTHS**

## OPENING TIMES

**Mon-Sun  
9am-5pm**

### Cancellation Policy

Please note, failure to turn up for your treatment without 48hours notice will result in a payment being charged for the treatment at our discretion.  
All unattended appointments will be charged for.

### Reservations

It is essential to make a reservation prior to your stay so please specify when booking. Alternatively you can call the Spa directly on  
01773 814610



# The Beauty and Treatment Rooms

“ Which ever treatment you decide on, we have an experienced and knowledgeable team of massage therapists who will always put you first, our mission statement is simply this; we aim to promote health & well-being throughout the hotel and community ”

Carter Lane East, South Normanton, Derbyshire, DE55 2EH  
01773 814610

## FACE TREATMENTS

**DIVINE NUTRITION** – Awakens even the most tired of complexions in the shortest of times. Revitalises the mind and the body leaving the skin luminous and as fresh as the morning dew (75 min) £40.00

**AROMAPLASTIE** – This multi-active, 100% natural treatment is tailored to every skin type. Rediscover a revitalised you. Your needs are met to perfection leaving your skin feeling smooth and refreshed. (60mins) £40.00

**HYALURONIC ACID WRINKLE RESIST**- for immediately visible results, powerful ingredients and gentle exfoliation target lines and wrinkles. A mineral mask also lifts, plumps and firms for a luminous, younger-looking complexion (75mins) £50.00

**FACIAL LIFT YOGA**- a lifting facial for smoothed, firmed and luminous skin for 40+ (75mins) £50.00

**FACIAL PILATES** - A lifting facial for smoothed, firmed and luminous skin. for 40+ inspired by pilates, delivers a natural lift to the face, whilst helping reshape the contours of the facial with a re-cushioning effect. The skin is left flawless, glowing with rosy youthfulness. (75 min) £50.00

**EXPRESS FACIAL** – An introduction to facials, this mini facial is ideal for young skins. (25m) £25.00

**HARMONIE CALM**- acting like a calming comfort blanket, this blissful treatment relieves stressed, angry skin. Power-packed with skin strengthening essential oils and including a skin perfecting peel off mask, it works immediately for clear, soothed and resilient skin. (75 mins) £40.00

## HAIR REMOVAL

Full leg & bikini line (60 min) - **£25.00**

Full leg (45 min) - **£20.00**

Half leg (30 min) - **£15.00**

Bikini (15 min) - **£10.00**

Underarm (15 min) - **£8.50**

Full arm (30 min) - **£12.00**

Half arm (20 min) - **£7.50**

Lip (15 min) - **£4.50**

Chin (15 min) - **£4.50**

Men's chest wax (30 min) - **£20.00**

Men's back wax (30 min) - **£20.00**

## BODY TREATMENTS

**FULL BODY MASSAGE** – The art of absolute well-being. Longing for a moment of relaxation? Tensions are soothed away, toxins are eliminated, and your body is filled with new energy. (55min) £50.00

**FULL BODY POLISH** – Full body exfoliation to remove dull dry skin followed by an application of moisturiser to leave skin feeling silky smooth. (55min) £30.00

**BACK, NECK AND SHOULDER MASSAGE** – For the ultimate relaxation, relieves muscle tension and stress. (25m) £30.00

**LEG MASSAGE** – The perfect antidote for tired, aching legs. (25min) £25.00

**SCALP MASSAGE** – This aromatherapy massage has been developed specifically for the head, neck and shoulders to produce a condition of deep relaxation (25min) £25.00

## HAND & FOOT TREATMENT

**PRESCRIPTION MANICURE** – This manicure is designed to soften and condition the hands and nails. This treatment does not contain polish. (30min) £20.00

**PRESCRIPTION PEDICURE** – Treat your feet to a pampering experience with this revitalising foot treatment. This treatment does not include polish. (30min) £25.00

**LUXURY MANICURE** – A luxurious manicure using warm mittens to aid the penetration of products softens and conditions the hands. Finish treatment with an application of colour. (60min) £30.00

**LUXURY PEDICURE** – A luxurious pedicure to aid penetration of aromatherapy-based products to soften and heal the feet. Finish this treatment with an application of colour. (75min) £35.00

**SHELLAC** – You can now say goodbye to chips, smudges and dry time and say hello to the new shellac! Paints like polish and wears flawlessly for 14 days of high gloss shine (30min) £25.00

## EYEBROW & EYELASH

Eyebrow shape (15 min) - **£5.00**

Eyebrow tint (15 min) - **£5.00**

Eyelash tint (20 min) - **£10.00**

Eyelash & eyebrow tint (30 min) - **£12.50**

**ALL TINTING REQUIRES A PATCH TEST 48 HOURS PRIOR**